

# Validation of Streamlined Serodiagnosis of Hepatitis Delta Virus

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## Introduction/Summary

- Hepatitis Delta Virus (HDV), the most severe form of viral hepatitis in humans, exacerbates the liver disease caused by the Hepatitis B Virus (HBV).
- Despite an estimated global prevalence of 12 million, HDV infections often go underdiagnosed due to limited resources for testing and training<sup>1</sup>. However, global estimates are vague due to the lack of widespread testing.
- Commercial RDTs for detection of anti-HDV are not available yet.
- Mongolia is a global hot spot for HDV with an estimate prevalence of HDV of 6.5% among adult population<sup>2</sup>.
- The Liver Center in Ulaanbaatar, Mongolia is a non-profit clinic specializes in liver disease with over 4000 registered HDV patients.
- We have conducted the first independent validation study on the newly developed anti-HDV Ab RDT.

## Study Design

- This study was approved by the Independent Ethics Committee at the Ministry of Health, Mongolia.
- The samples used for validation were randomly selected Group A (HBsAg+/anti-HDV Ab+), Group B (HBsAg+/anti-HDV Ab–), and Group C (HBsAg–/anti-HCV Ab–) samples.
- Samples were randomly selected from the blood bank at the Liver Center.
- Reference ELISA and HDV-RNA tests were performed prior to the study using the Sysmex HISCL-5000 and an in-house developed RT-PCR, respectively. Reference anti-HDV tests were conducted using the Wantai anti-HDV Ab CLEIA.
- Healthy volunteers had only been tested for HBsAg. HBsAg positives had been tested for anti-HDV. Only anti-HDV positives had also been tested for HDV-RNA.
- The diagnostic accuracy of the anti-HDV Ab RDT was evaluated by calculating its sensitivity and specificity compared to the standard results of RT-PCR and/or ELISA/CLEIA.
- 95% confidence intervals were calculated using the Wilson score interval method.

## Methods

- The total population of 1007 encompasses 548 HDV-RNA or anti-HDV Ab positives (Group A), 138 HDV-RNA negative but HBsAg positives (Group B), and 321 healthy (Group C) participants.
- 702 samples were randomized prior to testing and 305 were not.
- For the randomized samples a blinded testing protocol was utilized
- The anti-HDV Ab RDT was performed according to the instructions provided by LUCA AICell.
- Results were examined by 3 people after 15 minutes, and by 1 person after 20 and 25 minutes.
- Results were recorded by photo at all minute marks (Figure 1).

## Results for Non-randomized Cohort

- In the non-randomized cohort, 305 samples were included.
- Of these samples, 161 (52.8%) were male and 144 (47.2%) were female. The age range was between 5-78 and the median age was 44.
- The cohort contained 189 Group A, 46 Group B, and 70 Group C samples.
- The test results yielded 189 true positive, 115 true negative, one false positive, and no false negative results (Table 1).
- The anti-HDV Ab RDT demonstrated a sensitivity of 100% (95% CI: 98-100%), a specificity of 99.1% (95% CI: 95.3-99.9%), and an accuracy of 99.7%.

Table 1 anti-HDV Ab RDT tests results for non-randomized samples			
	RT-PCR or ELISA Positive	RT-PCR or ELISA Negative	Total
anti-HDV Ab RDT Positive	189	1	190
anti-HDV Ab RDT Negative	0	115	115
Total	189	116	305

## Results for Randomized Cohort

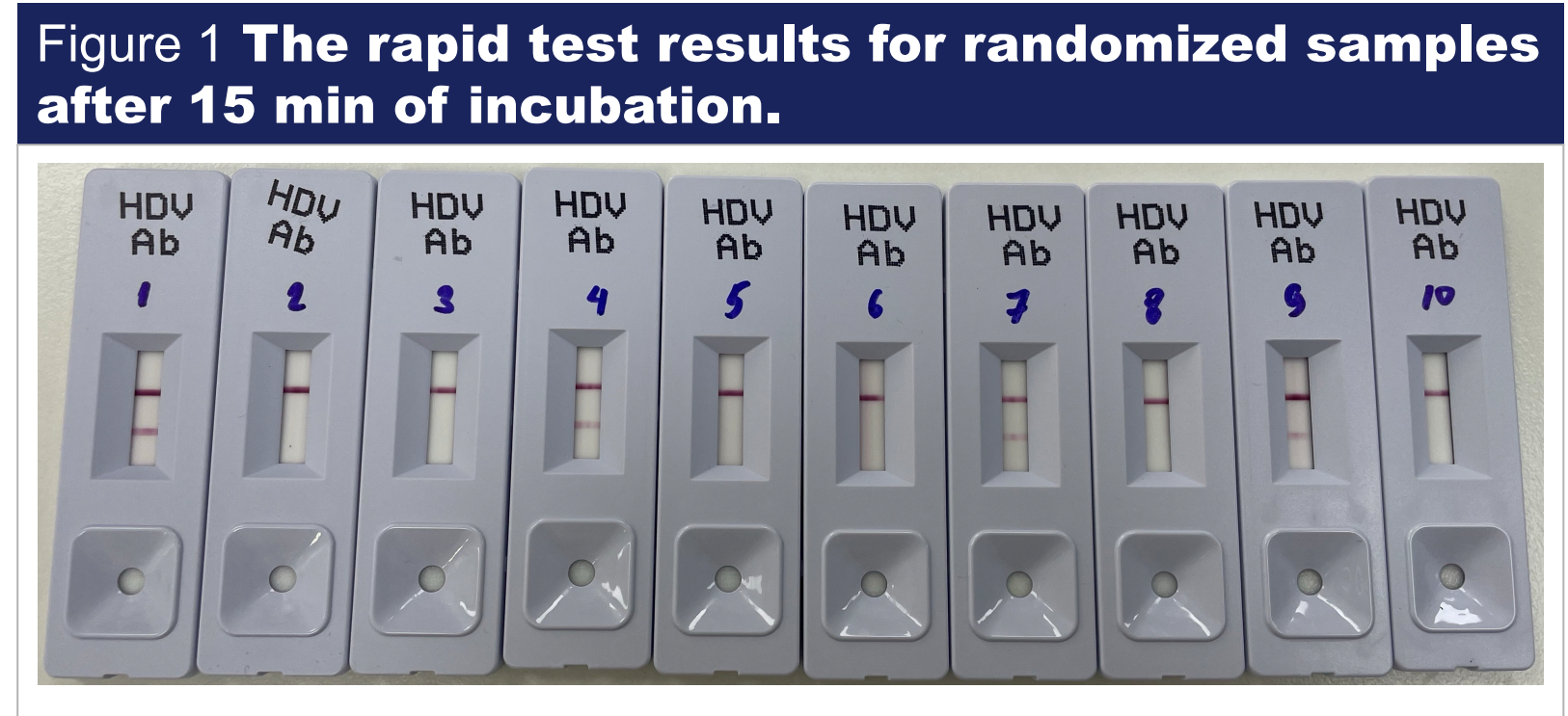
- The randomized cohort consisted of 702 samples.
- 377 (53.7%) females and 325 (46.3%) males with a median age of 48 and an age range between 20-78 were included.
- This cohort included 359 Group A, 92 Group B, and 251 Group C samples.
- After testing with the anti-HDV Ab RDT, there were 358 true positives, 330 true negatives, 13 false positives, and only one false negative (Table 2).
- The sensitivity, specificity, and accuracy of the RDT were 99.7% (95% CI: 98.9-99.9%), 96.2% (95% CI: 93.7-97.8%), and 98%, respectively.

Table 2 anti-HDV Ab RDT tests results for randomized samples			
	RT-PCR or ELISA Positive	RT-PCR or ELISA Negative	Total
anti-HDV Ab RDT Positive	358	13	371
anti-HDV Ab RDT Negative	1	330	331
Total	359	343	702

## Results for Total Samples

- In total, the study included 1007 samples.
- 488 males (48.5%) and 519 females (51.5%), with an age range from 5 to 78 years and a median age of 47 were included.
- This cohort included 548 Group A, 138 Group B, and 321 Group C samples.
- After testing with the anti-HDV Ab RDT, there were 547 true positives, 445 true negatives, 1 false negative, and 14 false positives (Table 3).
- The anti-HDV Ab RDT exhibited an impressive sensitivity of 99.8% (95% CI: 98.9-99.9%), a specificity of 96.9% (95% CI: 94.9-98.1%), and an overall accuracy of 98.5%.
- No significant correlations were observed between the false results and variables such as age, gender, RT-PCR, or CLEIA results.
- The visual clarity of the test lines did not increase over 20 and 25 minutes.

Table 3 anti-HDV Ab RDT tests results for total samples			
	RT-PCR or ELISA Positive	RT-PCR or ELISA Negative	Total
anti-HDV Ab RDT Positive	547	14	561
anti-HDV Ab RDT Negative	1	445	446
Total	548	459	1007



## Conclusion

- The anti-HDV Ab RDT represents a significant advancement in viral hepatitis diagnostics.
- Its high sensitivity, specificity, and ease of use make it an invaluable tool for both individual patient care and broader public health initiatives.
- By facilitating early and accurate diagnosis, the anti-HDV Ab RDT not only improves clinical outcomes for patients but also contributes to the global effort to control and eventually eliminate HDV.
- Further research is needed to validate the anti-HDV Ab RDT's performance across different HDV genotypes. Given the geographical variability in HDV genotype prevalence<sup>3</sup>, a comprehensive validation is essential for the anti-HDV Ab RDT's global application.

## Reference

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3. Hughes SA, Wedemeyer H, Harrison PM. Hepatitis delta virus. Lancet 2011;378:73-85.