

Bulevirtide monotherapy in patients with compensated cirrhosis and CSPH: a 96-week interim kinetic analysis

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Introduction

- Bulevirtide (BLV) was recently approved for treatment of HDV in Europe.
- Characterization of long-term (>48 weeks) HDV, HBsAg and ALT kinetics in patients with HDV-related compensated cirrhosis and clinically significant portal hypertension (CSPH) during BLV 2 mg/day is lacking.

Aim

- We aim to extend our recent reports [1,2] to characterize HDV, HBsAg and ALT kinetics under BLV monotherapy in patients with compensated cirrhosis and CSPH during up to 96 weeks of treatment.

Results

Baseline

- Mean baseline HDV RNA, HBsAg and ALT levels were 4.9 ± 1.2 log IU/mL, 3.6 ± 0.7 log IU/mL, and 114.4 ± 76.5 U/L respectively (Table 1).

HDV Response Patterns

- Five (13%) patients were non-responders (<1.6 log IU/ml decline from baseline throughout treatment).
- All responders (n=33) experienced an initial rapid viral decline (0.19 ± 0.12 log/wk)
- Responders had one of these five patterns:
 - Flat partial response (FPR) (n=20, Fig.1a),
 - FPR + breakthrough (FPR + B) (n=3, Fig.1b),
 - Biphasic (BP) (n=2, Fig.1d)
 - BP + B (n=4, Fig.1e)
 - Triphasic decline (TP) (n=4, Fig.1c & f).
- A total of 23 (70%) of responder patients had FPR during treatment: 20 patients have sustained their viral plateau thus far. (Fig. 1a) and 3 had a viral breakthrough (Fig. 1b).
- Only 3 patients (8%) achieved sustained HDV RNA TND (≥ 24 weeks) at the end of week 96 (Fig.1 c & f).
- Baseline characteristics (Table 1) were not correlated with HDV response patterns.

ALT and HBsAg Kinetics

- ALT normalization was achieved in 28 (76%) patients at 7.9 ± 6.5 weeks (Fig.1).
- HBsAg remained roughly at pre-treatment levels (Fig.1).

Conclusions

- Interim analysis finds that 26 patients (79% of responders) reached a low plateau (3.2 ± 1.1 log IU/mL below baseline) that lasted 54 ± 12 weeks (i.e., FPR in Fig.1 a, b & c), of whom 3 patients had a further decline (Fig.1c).
- Thus far, 7 (18%) responders had viral breakthrough (Fig.1 b & e), 2 patients had a sustained 2nd decline phase (Fig.1d).
- Only 3 patients (8%) achieved sustained HDV RNA TND (≥ 24 weeks) at the end of week 96 (Fig.1 c & f)
- Understanding how to manage patients experiencing a viral plateau requires further research.

Patients and Methods

- We 38 patients with HDV-related compensated cirrhosis and CSPH received BLV 2 mg/day.
- All patients received TDF or ETV for HBV. Blood samples were collected at treatment initiation, weeks 4, 8, 16, 24, 32, 40, 48 and every 12 weeks thereafter.
- 15 (39%) did not complete 96-weeks of therapy; 4 discontinued treatment and treatment is ongoing in 11.
- HDV RNA was measured using Robogene 2.0 (lower limit of detection, LLD= 6 IU/mL).
- ALT normalization was defined as 41 U/L and 59 U/L for women and men, respectively.

Age	50.1±13.1	PLT (x10 ⁹ /l)	83.0±40.6
Male (n)	23	ALP (U/l)	131.5±60.3
Female (n)	15	Fibrosan (Kpa)	24.5±15.3
BMI	25.8±3.9	Total bilirubin (mg/dl)	1.158±0.53
HDV RNA (log IU/ml)	4.9±1.2	GGT (U/l)	75.2±68.3
HBsAg (log IU/ml)	3.6±0.7	PCHE (U/l)	4951.9±2035.0
HBcrAg (logU/ml)	3.8±0.8	Alb (g/dl)	3.8±0.4
ALT (U/l)	114.4±76.5	AFP (ng/ml)	26.4±96.8
AST (U/l)	105.5±66.1	sCr (mg/d l)	0.8±0.1
Bile acids (umo l/l)	41.4±54.5		

Table 1. Baseline Characteristics. PCHE: Pseudocholinesterase; HBV DNA was suppressed (<10 IU/ml) in 33/38 patients and <25 IU/ml in the remaining of patients.

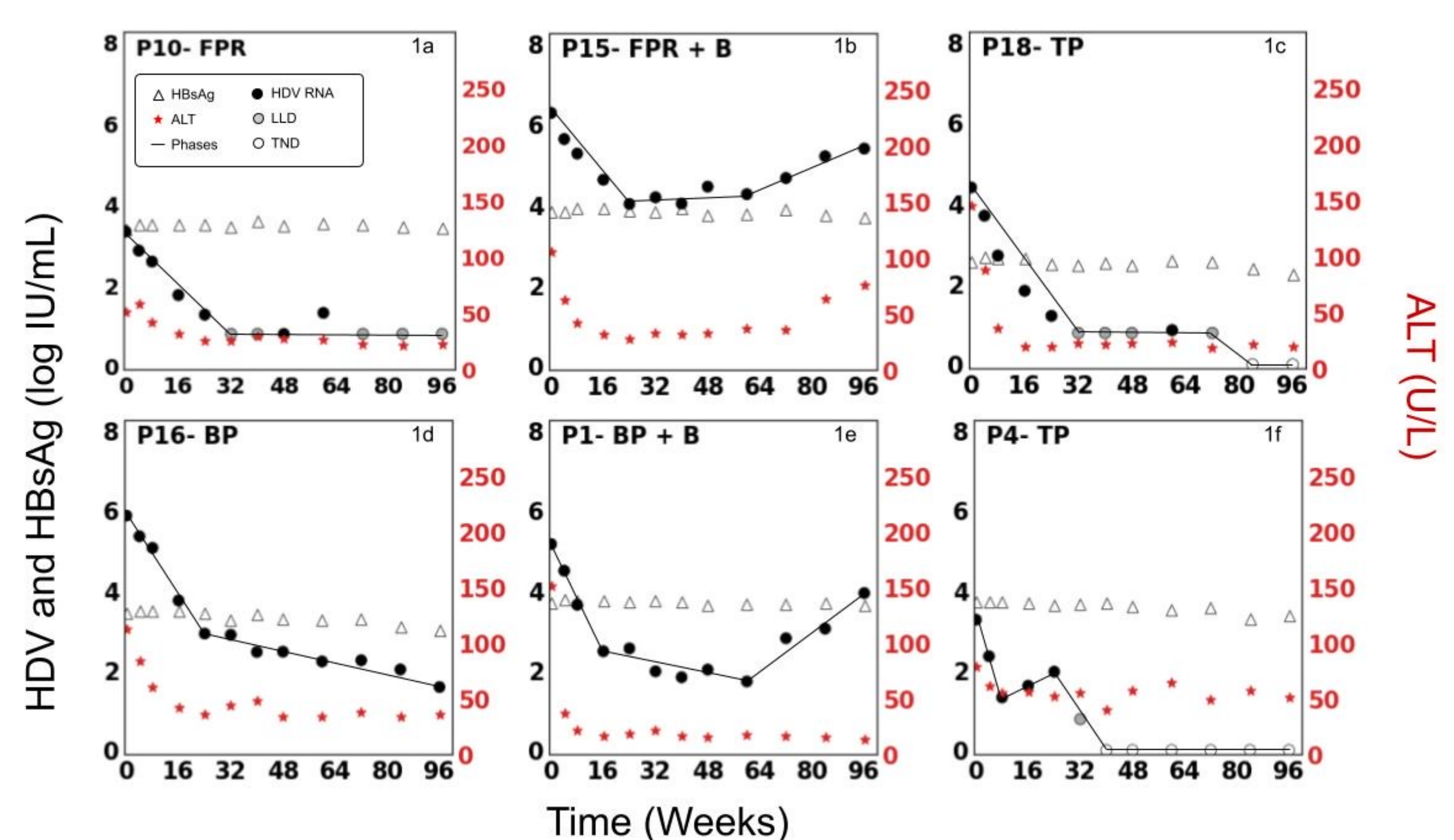


Figure 1. HDV kinetic patterns under BLV monotherapy in patients with compensated cirrhosis and CSPH.

HDV kinetic patterns under BLV monotherapy in patients with compensated cirrhosis and CSPH. FPR, flat-partial response; BP, biphasic; B, viral breakthrough (>1.6 log IU/ml from nadir viral load); TP, triphasic; LLD, lower limit of detection; TND, target not detected. Filled circles, quantifiable HDV RNA. Lines were drawn on each graph to show distinctions in phases.