

# BULEVIRTIDE MONOTHERAPY PREVENTS LIVER DECOMPENSATION IN PATIENTS WITH HDV-RELATED CIRRHOSIS: A CASE CONTROL STUDY WITH PROPENSITY SCORE WEIGHTED ANALYSIS

Elisabetta Degasperi<sup>1</sup>, Annalisa De Silvestri<sup>2</sup>, Maria Paola Anolli<sup>1</sup>, Dana Sambarino<sup>1</sup>, Marta Borghi<sup>1</sup>, Riccardo Perbellini<sup>1</sup>, Floriana Facchetti<sup>1</sup>, Roberta Soffredini<sup>1</sup>, Sara Monaco<sup>1</sup>, Victor De Ledinghen<sup>3</sup>, Sophie Metivier<sup>4</sup>, Mathias Jachs<sup>5</sup>, Thomas Reiberger<sup>5</sup>, Gianpiero D'Offizj<sup>6</sup>, Christopher Dietz-Fricke<sup>7</sup>, George Papatheodoridis<sup>8</sup>, Maurizia R Brunetto<sup>9</sup>, Gabriella Verucchi<sup>10</sup>, Alessia Ciancio<sup>11</sup>, Fabien Zoulim<sup>12</sup>, Alessandra Mangia<sup>13</sup>, Marie-Noelle Hilleret<sup>14</sup>, Teresa A Santantonio<sup>15</sup>, Nicola Coppola<sup>16</sup>, Adriano Pellicelli<sup>17</sup>, Bruno Roche<sup>18</sup>, Xavier Causse<sup>19</sup>, Louis D'Alteroche<sup>20</sup>, Jérôme Dumortier<sup>21</sup>, Nathalie Ganne<sup>22</sup>, Frederic Heluwaert<sup>23</sup>, Isabelle Ollivier<sup>24</sup>, Alessandro Loglio<sup>25</sup>, Mauro Viganò<sup>26</sup>, Alessandro Federico<sup>27</sup>, Francesca Pileri<sup>28</sup>, Monia Maracci<sup>29</sup>, Matteo Tonin<sup>30</sup>, Jean-Pierre Arpurt<sup>31</sup>, Karl Barange<sup>32</sup>, Eric Billaud<sup>33</sup>, Stanislas Pol<sup>34</sup>, Anne Gervais<sup>35</sup>, Anne Minello<sup>36</sup>, Isabelle Rosa<sup>37</sup>, Massimo Puoti<sup>38</sup>, Pietro Lampertico<sup>1,39</sup>

<sup>1</sup> Division of Gastroenterology and Hepatology, Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy; <sup>2</sup> Clinical Epidemiology and Biometry Unit, Fondazione IRCCS Policlinico San Matteo, Pavia, Italy; <sup>3</sup> Hepatology Department, Haut-Lévêque Hospital, Bordeaux, France; <sup>4</sup> Hepatology Unit, CHU Rangueil, 31059, Toulouse, France; <sup>5</sup> Division of Gastroenterology and Hepatology, Department of Internal Medicine III, Medical University of Vienna, Vienna, Austria; <sup>6</sup> Division of Infectious Diseases - Hepatology, Department of Transplantation and General Surgery, Istituto Nazionale per le Malattie Infettive "L. Spallanzani" IRCCS, Rome Italy; <sup>7</sup> Department of Gastroenterology, Hepatology Infectious Diseases and Endocrinology at Hannover Medical School, Hannover, Germany; <sup>8</sup> Department of Gastroenterology, General Hospital of Athens "Laiko", Medical School of National & Kapodistrian University of Athens, Greece; <sup>9</sup> Department of Clinical and Experimental Medicine, University of Pisa and Hepatology Unit, University Hospital of Pisa, Pisa, Italy; <sup>10</sup> Department of Medical and Surgical Sciences, Unit of Infectious Diseases, "Alma Mater Studiorum" University of Bologna, S. Orsola-Malpighi Hospital, Bologna, Italy; <sup>11</sup> Department of Medical Sciences, University of Turin, Gastroenterology Division of Città della Salute e della Scienza di Turin, University Hospital, Turin, Italy; <sup>12</sup> Hepatology Department, Université Claude Bernard Lyon 1; Hospices Civils de Lyon; INSERM Unit 1052 - CRCL; Lyon, France; <sup>13</sup> Liver Unit, Fondazione IRCCS "Casa Sollievo della Sofferenza", San Giovanni Rotondo, Italy; <sup>14</sup> Service d'hépatogastro-entérologie, CHU Grenoble-Alpes, Grenoble, France; <sup>15</sup> Department of Medical and Surgical Sciences, Infectious Diseases Unit, University of Foggia, Foggia, Italy; <sup>16</sup> Department of Mental Health and Public Medicine - Infectious Diseases Unit, University of Campania Luigi Vanvitelli, Naples, Italy; <sup>17</sup> Liver Unit, San Camillo Hospital, Department of Transplantation and General Surgery, Rome, Italy; <sup>18</sup> Hepato-Biliary Center, AP-HP Hôpital Universitaire Paul Brousse, Paris-Saclay University, Research INSERM-Paris Saclay Unit 1193, Villejuif, France; <sup>19</sup> Hôpital de la Source Orleans, France; <sup>20</sup> Service d'Hépatogastro-entérologie CHU de Tours, France; <sup>21</sup> Department of Digestive Diseases, Hospices Civils de Lyon, Edouard Herriot hospital, France; <sup>22</sup> AP-HP, Avicenne Hospital, Hepatology Department, F-93000 Bobigny, France; <sup>23</sup> Centre Hospitalier Anecy Genevois, 74000 Anecy, France; <sup>24</sup> Department of Hepatogastroenterology, CHU de Caen Normandie, Caen, France; <sup>25</sup> Gastroenterology, Hepatology and Transplantation Division, ASST Papa Giovanni XXIII, Bergamo, Italy; <sup>26</sup> Division of Hepatology, Ospedale San Giuseppe, Italy; <sup>27</sup> Division of Hepatogastroenterology, Department of Precision Medicine, Università della Campania "Luigi Vanvitelli", Naples, Italy; <sup>28</sup> Division of Internal Medicine and Center for Hemochromatosis, University of Modena and Reggio Emilia, Modena, Italy; <sup>29</sup> Institute of Infectious Diseases and Public Health, Università Politecnica delle Marche, Ancona, Italy; <sup>30</sup> Division of Internal Medicine, Hepatobiliary and Immunoallergic Diseases, IRCCS Azienda Ospedaliero-Universitaria di Bologna, Bologna, Italy; <sup>31</sup> Department of Gastroenterology, CH d'Avignon, Avignon, France; <sup>32</sup> Department of Gastroenterology, Toulouse University Hospital, Toulouse, France; <sup>33</sup> Université de Nantes, INSERM UIC 1413, Department of Infectious Diseases, CHU Hôtel Dieu, Nantes, France; <sup>34</sup> Université Paris Cité; Assistance Publique des Hôpitaux de Paris, Hôpital Cochin, Hepatology/Addictology department, Paris, France; <sup>35</sup> Assistance Publique des Hôpitaux de Paris, Hôpital Bichat Claude Bernard, Service des Maladies Infectieuses et Tropicales, Paris, France; <sup>36</sup> CHU Dijon, Service d'Hépatogastro-entérologie et oncologie digestive, Inserm EPICAD LNC-UMR1231, Université de Bourgogne-Franche Comté, Dijon, France; <sup>37</sup> Service d'hépatogastro-entérologie, Centre Hospitalier Intercommunal, Créteil; <sup>38</sup> School of Medicine and Surgery University of Milano Bicocca; <sup>39</sup> CRC "A. M. and A. Migliavacca" Center for Liver Disease, Department of Pathophysiology and Transplantation, University of Milan, Milan, Italy

## Introduction/Summary

Bulevirtide (BLV) monotherapy yields high rates of virological and biochemical response in hepatitis Delta (HDV) cirrhotic patients, however clinical benefits on hard outcomes remain unknown.

## Study Design

Patients with HDV-related cirrhosis treated with BLV monotherapy in a retrospective multicenter European study (SAVE-D) were compared with untreated HDV cirrhotic patients enrolled in a previous cohort study (Romeo, Gastroenterology 2009) [1].

## Methods

- The BLV-untreated cohort included patients with compensated HDV-related cirrhosis enrolled between 1978-2006 in a single-center, retrospective, natural history study [1].
- The BLV-treated cohort included patients with compensated HDV-related cirrhosis treated with BLV between 2019-2023 in the multicenter, retrospective, longitudinal European SAVE-D study (37 centers).
- The baseline for study analysis was cirrhosis diagnosis (Untreated) or BLV start (BLV-treated).
- Patients were followed-up from baseline to event, last visit or censoring (24 months – interim analysis).
- Liver-related events [LRE] (HCC, decompensation), death or liver transplantation were recorded.
- Statistical analysis included Kaplan-Meier survival analysis, cox-regression analysis with Inverse Probability of Treatment Weighting (IPTW) and a competing risks regression model.

## Results

Table 1. Baseline features of the study cohorts

Variables	Untreated (n=140)	BLV-treated (n=176)	p value
Age, years	40 (34-49)	49 (39-59)	<0.0001
Males	109 (78%)	104 (59%)	0.0004
Caucasians	136 (97%)	161 (91%)	0.04
CPT score A - A6	140 (100%)	176 (100%)	1.00
	22 (16%)	54 (31%)	<0.0001
Previous LRE - HCC	5 (4%)	35 (20%)	<0.0001
- Decompensation	5 (4%)	23 (13%)	
Esophageal varices*	64 (46%)	65 (55%)	0.13
IFN-experienced	56 (40%)	103 (59%)	0.001
ALT, U/L	102 (57-176)	77 (53-127)	0.03
Bilirubin, mg/dL	0.9 (0.7-1.4)	1.0 (0.7-1.4)	0.40
Albumin, g/dL	3.9 (3.6-4.3)	4.0 (3.7-4.4)	0.08
HBsAg, LogIU/mL	pos	3.7 (3.3-4.1)	na
HBeAg negative	132 (94%)	164 (93%)	0.82
HBV DNA ND/low**	109 (78%)	143 (81%)	0.48
HDV RNA, LogIU/mL	pos	5.4 (4.1-6.4)	na

Values are expressed as number (percentage) or median (IQR); \*available in 118/176 patients in the BLV-treated cohort; \*\*<2000 copies/mL

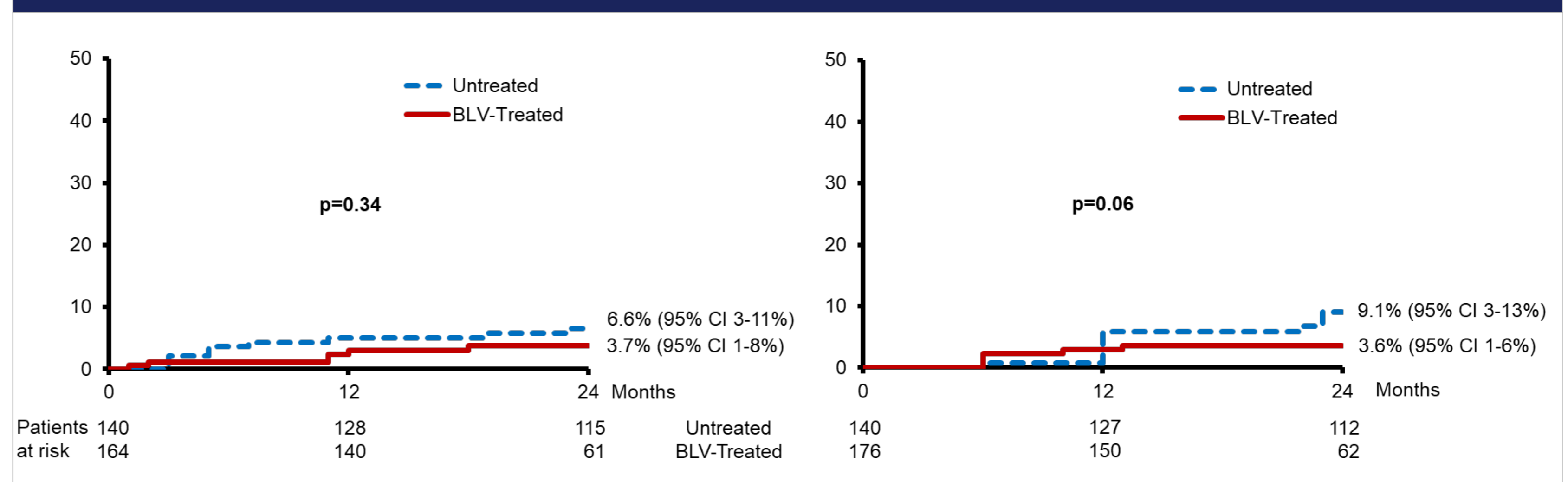
BLV-Treated Cohort: PLT 89 (66-133)x10<sup>9</sup>/mm<sup>3</sup>, Liver Stiffness Measurement 18.4 (13.0-26.3) kPa; 92% NUC-treated

BLV: Bulevirtide; CPT: Child-Pugh Turcotte; LRE: Liver-related Event; HCC: Hepatocellular Carcinoma; IFN: Interferon; ALT: Alanine Aminotransferase; ND: Not detected; HBV: Hepatitis B Virus; HDV: Hepatitis Delta Virus

## Results (Continued)

- BLV monotherapy resulted in 77% virological response, 63% biochemical response and 51% combined response at month 24 (BLV-treated cohort).
- Overall, the 2-year cumulative probabilities of LRE were 7.3% (95% CI 3-13%) in the BLV-treated cohort vs. 15.6% (95% CI 9-22%) in untreated patients (p=0.05): 3.7% (95% CI 1-8%) vs. 6.6% (95% CI 3-11%) for de-novo HCC (p=0.34) and 3.6% (95% CI 1-6%) vs. 9.1% (95% CI 3-13%) for decompensation (p=0.06), respectively (Figure 1).
- The 2-year cumulative probability of mortality was 2.7% (95% CI 1-6%) vs. 3% (95% CI 1-6%) in BLV-treated vs. untreated patients (p=0.34).

Figure 1. 2-Year Cumulative Incidence of De-novo HCC and Decompensation



- No decompensating events were reported in BLV-treated patients with baseline CPT-A5 (Table 2).

Table 2. Liver-Related Events According to Baseline CPT Score

Patient Group	Number	Liver-related Events		De-novo HCC		Decompensation	
		n	2-yr Cumulative Incidence (95% CI)	n	2-yr Cumulative Incidence (95% CI)	n	2-yr Cumulative Incidence (95% CI)
<b>UNTREATED COHORT</b>	<b>140</b>	<b>21</b>	<b>15.6% (9-22%)</b>	<b>9</b>	<b>6.6% (3-11%)</b>	<b>12</b>	<b>9.1% (3-13%)</b>
CPT-A5	118	16	14.2% (7-21%)**	6	5.2% (1-9%)	10	9.2% (4-14%)
CPT-A6	22	5	23.0% (5-41%)	3	13.9% (1-27%)	2	9.1% (1-22%)
<b>BLV-TREATED COHORT</b>	<b>176</b>	<b>12</b>	<b>7.3% (3-13%)</b>	<b>6</b>	<b>3.7% (1-8%)</b>	<b>6</b>	<b>3.6% (1-6%)</b>
CPT-A5	122	4	3.4% (1-8%)**	4	3.4% (1-8%)	0	na
CPT-A6	54	8	17.0% (7-27%)	2	4.8% (1-12%)	6	12.3% (3-22%)

\*\*2-year rates of liver-related events in CPT-A5: 14.2% Untreated vs. 3.4% BLV-treated (p=0.01); p=ns for all other comparisons  
CPT: Child Pugh Turcotte; CI: Confidence interval

- By inverse probability treatment weighting analysis adjusted for confounding baseline factors and competing mortality risks, the BLV-treated cohort had a significantly decreased risk of all-type liver-related events (HR 0.38; 95% CI 0.23-0.62, p<0.0001), decompensation (HR 0.32; 95% CI 0.16-0.63, p<0.0001) compared to untreated patients. Conversely, the HCC risk was similar in the two cohorts (HR 0.50; 95% CI 0.24-1.06, p=0.07) (Table 3).

Table 3. BLV Treatment Effect on Liver-related Events by IPTW-Adjusted Analysis

Outcomes	Category	Unadjusted Cox Regression Analysis		IPTW-Adjusted Cox Regression Analysis		IPTW-Adjusted Competing Risks Regression Model	
		HR (95% CI)	p value	HR (95% CI)	p value	SHR (95% CI)	p value
Liver-related Events	Treated vs. Untreated	0.52 (0.25-1.05)	0.07	0.38 (0.23-0.62)	<0.0001	0.38 (0.23-0.61)	<0.0001
Decompensation	Treated vs. Untreated	0.48 (0.18-1.28)	0.14	0.32 (0.16-0.63)	0.001	0.32 (0.17-0.61)	0.001
De-novo HCC	Treated vs. Untreated	0.57 (0.20-1.62)	0.29	0.50 (0.24-1.06)	0.07	0.50 (0.24-1.04)	0.06

BLV: Bulevirtide; IPTW: Inverse Probability of Treatment Weighting; HR: Hazard Ratio; SHR: Sub-distribution Hazard Ratio; CI: Confidence Interval; HCC: Hepatocellular Carcinoma; ALT: alanine aminotransferase

## Conclusion

- In patients with HDV-related compensated cirrhosis, a 2-year course of BLV monotherapy may reduce risk of liver decompensation, but not HCC, compared to untreated patients.

## References

- Romeo R, Del Ninno E, Rumi M, Russo A, Sangiovanni A, de Franchis R, Ronchi G, Colombo M. A 28-year study of the course of hepatitis Delta infection: a risk factor for cirrhosis and hepatocellular carcinoma. Gastroenterology. 2009 May;136:1629-38